

Your Rights and Protections To Receive a Good Faith Estimate Under the No Surprises Act

You have the right to receive a “Good Faith Estimate” explaining how much your medical care will cost

Under Section 2799B-6 of the Public Health Service Act, health care providers and health care facilities are required to inform individuals who are not enrolled in a plan or coverage or a Federal health care program, or not seeking to file a claim with their plan or coverage **both orally and in writing**, upon request **or** at the time of scheduling health care items and services, to receive a Good Faith Estimate of expected charges.

Under the law, health care providers need to give **clients/patients who don’t have insurance or who are not using insurance** an estimate of the bill for medical items and services.

- You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency items or services. This includes related costs like medical tests, prescription drugs, equipment, and hospital fees.
- Make sure your health care provider gives you a Good Faith Estimate in writing at least 1 business day before your medical service or item. You can also ask your health care provider, and any other provider you choose, for a Good Faith Estimate before you schedule an item or service.
- If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill.
- Make sure to save a copy or picture of your Good Faith Estimate for future reference.
- For questions or more information about your right to a Good Faith Estimate, visit www.cms.gov/nosurprises

For questions or more information about your Good Faith Estimate, reach out to Cheryl D. Perry MA LCMHCA NCC, Owner/Clinician at Perry Wellness Counseling, PLLC by phone at (980) 270-1939 or by email at cheryl@perrywellnesscounseling.com